



Competition Programme (6-5-2019Updated)

Friday, 10/5/2019						
1930-2030	Technical meeting (For all categories)					
Saturday, 11/5/2019 - Day 1						
TIME	SCHEDULE	CATEGORY(IES)	COMPETITION VENUE			
0800-0830	Registration	Men's Open	GYM			
0830-0930	Qualification					
0900-0930	Registration	<table border="1"> <tr> <td>Women's Professional</td> <td>Men's Professional</td> <td>Women's Open</td> </tr> </table>	Women's Professional	Men's Professional	Women's Open	GYM
Women's Professional	Men's Professional		Women's Open			
0945-1045	Qualification					
1005-1015	Semi-final Isolation Open & Close	Men's Open	GYM			
1100-1315	Semi-final		2/F Platform			
1230-1240	Semi-final Isolation Open & Close	Women's Open	GYM			
1325-1540	Semi-final		2/F Platform			
1455-1505	Semi-final Isolation Open & Close	Women's Professional	GYM			
1550-1805	Semi-final		2/F Platform			
<i>*Timetable is subject to change</i>						



Competition Programme (cont.)

(6-5-2019Updated)

Sunday, 12/5/2019 – Day 2				
TIME	SCHEDULE	CATEGORY(IES)		COMPETITION VENUE
1005-1015	Semi-final Isolation Open & Close	Men's Professional		GYM
1100-1315	Semi-final			2/F Platform
1250-1300	Final Isolation Open & Close	Women's Open	Men's Open	GYM
1400-1600	Final			2/F Platform
1535-1545	Final Isolation Open & Close	Women's Professional	Men's Professional	GYM
1645-1845	Final			2/F Platform
1900-1915	Award Presentation			2/F Platform

**Timetable is subject to change*